

A physical therapist, a woman with blonde hair wearing a dark blue polo shirt, is smiling and assisting a male patient. The patient, a Black man wearing a red t-shirt and grey shorts, is lying on his side on a black padded treatment table. The therapist is leaning over him, with her hands on his hip and thigh area. A red exercise ball is positioned under the patient's knees. The background shows a bright window and some gym equipment, including a rack with orange and blue exercise balls.

Introduction to Personalised Care and Personal Health Budgets – Workshop Two

Learning outcomes for this workshop

- Develop an enhanced understanding of different types of PHBs and where they might be used and useful
- Gain a shared understanding of the most common issues and challenges that staff experience when delivering or supporting strong, creative Personal Health Budgets.
- Understand how to tackle common problems and challenges
- Know where to get help



Notional Budgets

*No money changes hands. The personal health budget holder **knows how much money is available** for their assessed needs and **decides together** with the NHS team how to spend that money. The NHS is then responsible for holding the money and arranging the agreed care and support.*

Third Party Budget (aka Individual Service Fund or ISF)

An organisation independent of the person, the local authority and NHS commissioners manage the budget and are responsible for ensuring the right care is put in place, working in partnership with the person and their family to ensure the agreed outcomes can be achieved. A third party budget is not a form of direct payment. They are particularly helpful when a person:

- does not want to manage a direct payment*
- does not wish to take on employer responsibilities for personal assistants*
- lacks capacity or is otherwise not in a position to manage their own budget*
- needs specialist or very tailored support that most providers are not in a position to deliver.*

Direct Payments

The personal health budget holder or their representative has the money in a bank account and takes responsibility for purchasing the agreed care and support. Budget holders must show what the money has been spent on

The big issues

- We have just seen there are loads but we picked the top 6 that come up a lot
- Just touching the surface
- Moving forward - use the drops ins and other routes for advice - we'll talk about these in the last session of this workshop



Next
steps

