

COURSES AND WORKSHOPS



Approaches that support people and organisations to rethink service design and to innovate.

community
catalysts[®]

unlocking potential
effecting change

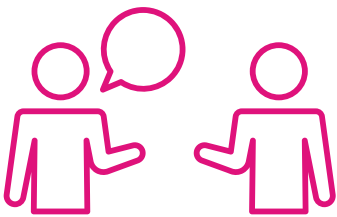
Why rethink and innovate?

Health and social care staff can find it hard in the day-to-day to step back and reflect on their own understanding and practice. Bringing in new ideas, knowledge and innovative solutions takes determined and sustained effort.

Sometimes it's useful to commission an outside provider of courses and workshops when:



You want to inject new thinking and conversations and bring people together to break down siloed working.



You want people to learn from others in different organisations or roles.



You recognise you don't have specific in-house topic knowledge or expertise.



People want to learn in a neutral space, away from management structures.

How it works

Our courses and workshops are participative and bespoke to you and your organisation, grounded in our expertise in:

- 1 Personalised health and social care**
- 2 Choice, control and creative approaches**
- 3 Neighbourhood health and wellbeing**
- 4 Communities, engagement and coproduction**
- 5 Strengths-based working**

We deliver courses and workshops online or in person across the UK, either as one-off events or part of an ongoing rolling programme.

Evaluation and assessment of learning is designed with you, and the way we work is driven by our values and yours. In addition to commissioned courses and workshops, we run an open programme of events that enable learning across different sectors and roles.

The outcomes

- **Participants understand each other better - laying the path to closer working in the future.**
- **People feel stimulated and engaged, with new knowledge and connections.**
- **People gain insights into innovative ways of thinking and working.**
- **Organisations feel more informed and confident to move forward with actions on a topic.**

Workshop examples

‘Thinking Outside the Box’ with Darlington Borough Council

Our ‘Thinking Outside the Box’ creative workshop and tool was used with adult social care teams in Darlington, to spark conversations and fresh perspectives on their role in supporting healthier, more connected lives and communities.



‘New Social leaders of Neighbourhood Health and Wellbeing

A programme of online, structured workshops to help people rethink services and bring about meaningful change, while working alongside others who share the same values and commitment to neighbourhood health and wellbeing.



I can honestly say, without hesitation, that I am so glad that I applied to join the programme! It was a fabulous way to connect and engage with peers working in the same arena, to share with, learn from and inspire each other to continue making a difference in our communities.



Contact



Nick Sinclair
Programme Director
Email: nick.sinclair@communitycatalysts.co.uk
Tel: 07407 789130
www.communitycatalysts.co.uk